



AISJ Cafeteria - Modern Foods Catering Menu

September 2017

	Sunday	Monday	Tuesday	Wednesday	Thursday
Breakfast	Hot Sandwich	Hot Sandwich	Hot Sandwich	Hot Sandwich	Hot Sandwich
	Pancakes	Waffles	Pancakes	Waffles	Pancakes
	Plain Oats	Oats with Nuts	Oats with Raisins	Cinnamon Oats	Oats Brown Sugar
	Hashbrown Potato	Sausages	Hashbrown Potato	Sausage	Hashbrown Potato
	Beef Bacon	Sliced Turkey	Sliced Chicken	Beef Bacon	Biscuits & Gravy
	Bagles & Cc	Bagles & Cc	Bagles & Cc	Bagles & Cc	
Week 2 - Lunch	Roasted Tomato Soup	Ministroni Soup	Potato Soup	Chicken Soup	Lentil Soup
	Chicken Lasagna	Rice	Fried Rice	Beef Lasagna	White Rice
	Rice	Chicken Breast	Hot Dog	Broccoli	Hamburger
	Butter Beans	Mixed Veg	Roasted Potato	Rice	French Fries
	Beef Steak	Grilled Fish	Grilled Chicken	Fried Fish	Roasted Chicken
	Fried Fish	Baked Potato	Sweet Corn	Mashed Potato	Sauteed Vegetable
	SEP. 10	SEP. 11	SEP. 12	SEP. 13	SEP. 14
Week 3 - Lunch	Mushroom Soup	Vegatable Soup	Tomato Beef Sp	Ministroni Soup	Chicken Noodle Soup
	Garlic Fried Rice	Vegatable Rice	Plain Rice	Fried Rice	White Rice
	Beef Lasagna	Shish Taouk	Hot Dog	Chilli Chicken	Hamburger
	Butter Broccoli	Pepper Beef	French Fries	Roasted Veg	French Fries
	Ckn Red Curry	Sweet Corn	Butter Beans	Fried Fish Fillet	Roasted Ckn
	Baked Potato	Mashed Potato	Grilled Fish	Baked Potato	Sauteed Vegetable
	SEP. 17	SEP. 18	SEP. 19	SEP. 20	SEP. 21
Week 4 - Lunch	Potato Soup	Lentil Soup	Mushroom Soup	Tomato Soup	Green Peas Soup
	Pasta Bechamel With Chicken	Fried Rice	Rice Pilaf	Ckn Pasta Tomato	Plain Rice
	Plain Rice	Pepper Beef	Buffalo Wings	Grilled Fish	BBQ Chicken
	Sweet Corn	Broccoli	Roasted Veg	Mixed Veg	Hamburger
	Grilled Fish	Shish Taouk	Hot Dog	White Rice	Broccoli
	Mashed Potato	Fish & Chips	Potato Wedges	Baked Potato	French Fries
	SEP. 24	SEP. 25	SEP. 26	SEP. 27	SEP. 28

Item Name	SAR
BEVERAGES	
Bottled Water	2
Fresh Juice Assorted	8
Almari Juice Assorted 200ml	2
Milk (all Flavor) 180ml	3
Milk (all Flavor) 360ml	4
Milkshake 360ml	5
BREAKFAST	
Falafel/Bagel/Eggs/Foul/Biscuit	8
Pancakes/Waffles/FT	6
Granola and Fruit	12
Oatmeal	8
Yogurt and Granola	12
Smoked Turkey	9
Beef Bacon	10
Sliced Chicken	8
GRAB & GO	
Ciabatta Sandwich (Normal/Brown)	12
Triangle Sandwich	10
Wraps Sandwich	12
Croissant Sandwich	12
Fruit Salad	11
Garden Salad	8
Chefs Salad	13
Potato/Pasta Salad	9
Cesar Salad	10
Salmon Salad	13
Yogurt Drinks	5
Fruit-Whole	4
Muffin	7
Plain/Cheese Croissant	5
Pastries Assorted	5
LUNCH	
Soup	8
Starch Kids Portion	3
Starch Regular Portion	5
Veggies	5
Chicken Kids Portion	8
Chicken Large Portion	15
Meat Kids Portion	10
Meat Regular Portion	20
Seafood Kids Portion	13
Seafood Regular Portion	25
Hamburger	18
Hotdog	11
French Fries (130g)	6
Bread	2