



AISJ Cafeteria - Modern Foods Catering Menu

April 2018

	Sunday	Monday	Tuesday	Wednesday	Thursday
Breakfast	Hashbrown Potato	Bagel & CC	Hot Sandwich	Cheesy Scramble	Biscuits & Gravy
	Pancakes	Cheesy Scramble	French Toast (FT)	Pancakes	Omelette
	Omelette	Waffles	Beef Bacon	Omelette	Waffles
	Hot Sandwich	Omelette	Waffles	Smoked Turkey	Oatmeal
	Falafel Sandwich	Falafel Sandwich	Falafel Sandwich	Falafel Sandwich	Falafel Sandwich
	Smoked Turkey	Beef Bacon	Sliced Chicken	Hashbrown Potato	Beef Bacon
Week 1 - Lunch					
	April 1	April 2	April 3	April 4	April 5
	Mixed Vegetable Soup	Tomato Soup	Chicken Rice Soup	Potato Soup	Mushroom Soup
	Plain Rice	Plain Rice	Plain Rice	Plain Rice	Plain Rice
	Broccoli	Mixed Vegetables	Shish Tawook	Grilld Chkn w Mushroom	Green Beans
	Macaroni Bechmel	Chicken Nuggets	Sweet Corn	Vegetable Sautee	Roasted Chicken
Stir Fried Chicken	Grilled Fish	Beef Meatballs	Spaghetti Bolognese	Hamburger	
Roasted Potatoes	Mashed Potatoes	Pizza Day		French Fries	
April 8	April 9	April 10	April 11	April 12	
Week 2 - Lunch					
	April 15	April 16	April 17	April 18	April 19
	Lentil Soup	Mixed Veg. Soup	Tomato Soup	Mushroom Soup	Lentil Soup
	Plain Rice	Plain Rice	Plain Rice	Plain Rice	Plain Rice
	Grilled Chicken	Buffalo Wings	Shish Tawook	Spaghetti Bolognese	Mixed Vegetables
	Macaroni Bechmel	Sweet Corn	Green Beans	Broccoli	BBQ Chicken
Potato Wedges	Baked Fish	Teriyaki Beef	Grilld Chkn w Mushroom	French Fries	
	Mashed Potatoes	Pizza Day	Mashed Potatoes	Hamburger	
Week 3 - Lunch					
	April 22	April 23	April 24	April 25	April 26
	Chicken Soup	Potato Soup	Lentil Soup	Mushroom Soup	Potato Soup
	Plain Rice	Plain Rice	Plain Rice	Plain Rice	Plain Rice
	Stir Fried Vegetables	Chicken Nuggets	Shish Tawook	Green Beans	Roasted Chicken
	Teriyaki Chicken	Beef Meatballs	Broccoli	Spaghetti Bolognese	Mixed Vegetables
Macaroni Bechmel	Sweet Corn	Stir Fried Beef	Stir Fried Chicken	Hamburger	
Roasted Potatoes	Roasted Vegetables	Pizza Day	Mashed Potatoes	French Fries	
Week 4 - Lunch					
	April 29	April 30			
	Tomato Soup	Chicken Soup			
	Plain Rice	Plain Rice			
	Broccoli	Sweet Corn			
	Macaroni Bechmel	Chicken Nuggets			
Grilled Chicken	Beef Meatballs				
Mashed Potatoes	Roasted Potatoes				

Item Name	SAR
BEVERAGES	
Bottled Water	2
Fresh Juice Assorted	8
Almari Juice Assorted 200ml	2
Milk (All Flavors) 180ml	3
Milk (All Flavors) 360ml	4
Milkshake 360ml	5
BREAKFAST	
Falafel/Bagel/Eggs/Foul/Biscuit	8
Pancakes/Waffles/FT	6
Granola and Fruit	12
Oatmeal	8
Yogurt And Granola	12
Smoked Turkey	9
Beef Bacon	10
Sliced Chicken	8
GRAB & GO	
Ciabatta Sandwich (Normal/Brown)	12
Triangle Sandwich	12
Wraps Sandwich	12
Croissant Sandwich	12
Fruit Salad	11
Garden Salad	8
Chefs Salad	13
Potato/Pasta Salad	9
Cesar Salad	10
Salmon Salad	13
Yogurt Parfait	8
Yogurt Drinks	5
Fruit-Whole	4
Muffin	7
Plain/Cheese Croissant	5
Pastries Assorted	5
LUNCH	
Soup	6
Starch Kids Portion	3
Starch Regular Portion	5
Veggies	5
Chicken Kids Portion	8
Chicken Large Portion	15
Meat Kids Portion	10
Meat Regular Portion	20
Seafood Kids Portion	13
Seafood Regular Portion	25
Hamburger	18
Hotdog	11
French Fries (130g)	6
Bread	2