



AISJ Cafeteria - Modern Foods Catering Menu
December 2017

	Sunday	Monday	Tuesday	Wednesday	Thursday
Breakfast	Hashbrown Potato Pancakes Omelette B/F Sausage Biscuits & Gravy	Bagel & CC Cheesy Scramble Waffles Omelette Beef Bacon	Hot Sandwich French Toast (FT) Beef Bacon B/F Sausage Sliced Chicken	Cheesy Scramble Pancakes Omelette Smoked Turkey Hashbrown Potato	Biscuits & Gravy Omelette Waffles Oatmeal Beef Bacon
Week 1 - Lunch	Lentil Soup Steamed Rice Steamed Broccoli Grilled Chicken with Sauce Macaroni Bechmel Mashed Potatoes Dec. 3	HALF DAY Dec. 4	Potato Soup Steamed Rice Steamed Mixed Veg Spaghetti Carbonara Grilled Fish Baked Potato Dec. 5	Tomato Beef Soup Steamed Rice Shish Tawook Teriyaki Beef Broccoli Dec. 6	Green Pea Soup Steamed Rice Sweet Corn French Fries Roasted Chicken Hamburger Dec. 7.
Week 2 - Lunch	Mushroom Soup Steamed Rice Macaroni Bechmel Steamed Mixed Veg Grilled Chicken with Sauce Mashed Potatoes Dec. 10	Lentil Soup Steamed Rice Grilled Chicken Steamed Broccoli Baked Fish Dec. 11	Potato Soup Steamed Rice Chicken Pasta Steamed Broccoli Pepper Beef Dec. 12	Tomato Soup Steamed Rice Meatballs Grilled Fish Roasted Chicken Green Beans Dec. 13	Ministrioni Soup Steamed Rice Mixed Vegetables BBQ Chicken French Fries Hamburger Dec. 14
Week 3 - Lunch	Tomato Soup Steamed Rice Sweet Corn Chkn Pasta w/ Tomato Beef Steak Roasted Potato Dec. 17	Mushroom Soup Steamed Rice Meatballs w/ Sauce Green Beans Baked Fish Roasted Chicken Dec. 18	Green Pea Soup Steamed Rice Green Beans Roasted BBQ Chicken Grilled Fish Dec. 19	Lentil Soup Steamed Rice Steamed Mixed Veg Beef Steak Roasted Chicken Baked Fish Dec. 20.	

Item Name	SAR
BEVERAGES	
Bottled Water	2
Fresh Juice Assorted	8
Almari Juice Assorted 200ml	2
Milk (All Flavors) 180ml	3
Milk (All Flavors) 360ml	4
Milkshake 360ml	5
BREAKFAST	
Falafel/Bagel/Eggs/Foul/Biscuit	8
Pancakes/Waffles/FT	6
Granola and Fruit	12
Oatmeal	8
Yogurt And Granola	12
Smoked Turkey	9
Beef Bacon	10
Sliced Chicken	8
GRAB & GO	
Ciabatta Sandwich (Normal/Brown)	12
Triangle Sandwich	12
Wraps Sandwich	12
Croissant Sandwich	12
Fruit Salad	11
Garden Salad	8
Chefs Salad	13
Potato/Pasta Salad	9
Cesar Salad	10
Salmon Salad	13
Yogurt Parfait	8
Yogurt Drinks	5
Fruit-Whole	4
Muffin	7
Plain/Cheese Croissant	5
Pastries Assorted	5
LUNCH	
Soup	6
Starch Kids Portion	3
Starch Regular Portion	5
Veggies	5
Chicken Kids Portion	8
Chicken Large Portion	15
Meat Kids Portion	10
Meat Regular Portion	20
Seafood Kids Portion	13
Seafood Regular Portion	25
Hamburger	18
Hotdog	11
French Fries (130g)	6
Bread	2