

AISJ Cafeteria - Modern Foods Catering Menu

May-17

	Sunday	Monday	Tuesday	Wednesday	Thursday
Breakfast	Hash Brown potato Pancakes Omelete B/F Sausage Biscuits & Gravy	Bagel & CC Cheesy Scramble Waffles Omelete Beef Bacon	Hot Sandwich French Toast (FT) Beef Bacon B/F Sausage Slice Chicken	Cheesy Scramble Pancakes Omelete Smoked Turkey Hash Brown potato	Biscuits & Gravy Omelete Waffles Oatmeal Beef Bacon
Week 1 - Lunch		Chicken Rice Soup PLAIN RICE Grilled Chicken Fish & Chips Mixed veg 1-May	Mushroom soup WHITE RICE CHICKEN wings Sweet Corn HOT DOG Grilled fish 2-May	Lentil Soup Beef Burger BROCOLLI Chicken with Red sauce FRENCH FRIES PLAIN RICE 3-May	NO SCHOOL 4-May
Week 2 - Lunch	Tomato soup Fried Rice Buffflow wings BROCOLLI Sweet corn Macaroni Bechmel 7-May	MUSHROOM SOUP PLAIN RICE Meat Balls ROASTED VEG. HOT DOG POTato WEDGES 8-May	LENTIL SOUP RICE PILAF MIXED VEG. FRIED FISH SHISH TAOUK MASHED POTATO 9-May	CHICKEN RICE SOUP CHICKEN PASTA TOMATO SAUCE Roasted POTATO GRILLED FISH BROCOLLI 10-May	Cream of Pea RICE Broccoli Hamburger French Fries CHICKEN WITH GRAVY 11-May
Week 3 - Lunch	Chicken Rice Soup plain Rice GRILLED CHICKEN MIXED VEG Macaroni Bechmel FRIED FISH 14-May	Veg Rice Soup FRIED RICE SHISH TAOUK Pepper Beef BROCOLLI MASHED POTATO 15-May	TOMATO SOUP RICE PILAF CHICKEN BROAST ROSTED VEG BEEF STEAK Sweet Corn 16-May	Lentil Soup WHITE RICE BUTTER CHICKEN Hot Dog POTATO VEG GRILLED FISH 17-May	Potato Onion Soup PLAIN RICE Broccoli BBQ Chicken HAMBURGER French Fries 18-May
Week 4 - Lunch	MUSHROOM SOUP Macaroni Bechmel Rice Pilaf BROCOLLI MASHED POTATO Butter chicken 21-May	Chicken Rice Soup FRIED RICE SHISH TAOUK CORN Pepper Beef 22-May	Veg Rice Soup WHITE RICE Breded chicken MIXED VEG. Grilled fish Baked potato 23-May	Green Peas Rice pilaf ROASTED VEG HOT DOG POTATO VEG Roasted chicken 24-May	LENTIL SOUP PLAIN RICE BBQ Chicken HAMBURGER French Fries Broccoli 25-May
Week 5 - Lunch	BEEF STEW SOUP plain Rice Broccoli Butter chicken HAMBURGER FRENCH FRIES 28-May	Potato Onion Soup FRIED RICE PEPPER BEEF Sweet corn ROASTED Chicken Fish & Chips 29-May	LENTIL SOUP RICE PILAF BUFFALO WINGS BROCOLI HOT DOG 30-May	CKN RICE SOUP RICE BBQ CHICKEN ROASTED VEG HAMBURGER FRENCH FRIES 31-May	

Item Name	SAR
BEVERAGES	
Bottled Water	2
Fresh Juice Assorted	8
Almari Juice Assorted 200ml	2
Milk (all Flavor) 180ml	3
Milk (all Flavor) 360ml	4
Milkshake 360ml	5
BREAKFAST	
Falafel/Bagel/Eggs/Foul/Biscuit	8
Pancakes/Waffles/FT	6
Granola and fruit	12
Oatmeal	8
YogurtAnd Granola	12
Smoked Turkey	9
Beef Bacon	10
Sliced Chicken	8
GRAB & GO	
Ciabatta Sandwich (Normal/Brown)	12
Triangle Sandwich	10
Wraps Sandwich	12
Croissant Sandwich	12
Fruit Salad	11
Garden Salad	8
Chefs Salad	13
Potato/Pasta Salad	9
Ceasar Salad	10
Salmon Salad	13
Yogurt Parfait	8
Yogurt Drinks	5
Fruit-Whole	4
Muffin	7
Plain/Cheese Croissant	5
Pastries Assorted	5
LUNCH	
Soup	6
Starch Kids Portion	3
Starch Regular Portion	5
Veggies	5
Chicken Kids Postion	6
Chicken Large Portion	12
Meat Kids Portion	9
Meat Regular Portion	18
Seafood Kids Portion	10
Seafood Regular Portion	20
Hamburger	20
Hotdog	14
Frech Fries (130g)	6
Bread	2