



AISJ Cafeteria - Modern Foods Catering Menu

February

	Sunday	Monday	Tuesday	Wednesday	Thursday
Breakfast	Veggie Scramble Pancakes Omelete Smoked Turkey	Bagel & CC Cheesy Scramble Waffles Omelete Beef Bacon	Hot Sandwich French Toast (FT) Omelete Sliced Chicken	Cheesy Scramble Pancakes Omelete Smoked Turkey	Biscuits & Gravy Omelete Waffles Oatmeal Beef Bacon
Week 1 - Lunch Feb 1-2				CHICKEN RICE SOUP MACARONI BASHAMEL BUTTER CHICKEN MIXED VEG. HOT DOG PLAIN RICE 01 FEB.	Potato Onion Soup plain rice French Fries Broccoli BBQ Chicken HAMBURGER 02 FEB.
Week 2 - Lunch Feb 5-9	Tomato soup Grilled chicken FRENCH FRIES BROCCOLI Spaghetti Meat Balls 05 FEB.	LENTIL SOUP PLAIN RICE WHOLE TURKEY CORN HOT DOG 06 FEB.	Potato Onion Soup MIXED RICE MIXED VEG. FRIED FISH Hamburger FRENCH FRIES 07 FEB.	Tomato Soup CHICKEN PASTA TOMATO SAUCE Roasted POTATO Hot Dog BROCCOLI 08 FEB.	Cream of Pea RICE Broccoli Hamburger French Fries BBQ Chicken 09 FEB.
Week 3 - Lunch Feb 12-16	Chicken Rice Soup plain Rice Butter Chicken CORN Sea Food Stir Fry Hot Dog 12 FEB.	Veg Rice Soup PLAIN RICE Fish & Chips Awsal Chicken BROCCOLI Hamburger 13 FEB.	TOMATO SOUP Fried Rice SHISH TAOUK Corn Pepper Beef 14 FEB.	Beef Stew Soup Roasted Potato Teriyaki Beef Hot Dog Fried Chicken PLAIN RICE 15 FEB.	Potato Onion Soup plain rice French Fries Broccoli BBQ Chicken HAMBURGER 16 FEB.
Week 4 - Lunch Feb 19-23	LENTIL SOUP CHICKEN PASTA TO. MATO SAUCE BROCCOLI MASHED POTATO Hot Dog 19 FEB.	Chicken Rice Soup FRIED RICE WHOLE TURKEY CORN Pepper Beef 20 FEB.	Veg Rice Soup WHITE RICE CHICKEN RED CURRY FRENCH FRIES HAMBURGER MIXED VEG. 21 FEB.	CHICKEN RICE SOUP MACARONI BASHAMEL BUTTER CHICKEN MIXED VEG. HOT DOG PLAIN RICE 22 FEB.	NO SCHOOL PD DAY FOR STAFF 23 FEB.
Week 5 - Lunch Feb 26-28	BEEF STEW SOUP SHISH TAOUK Broccoli FRENCH FRIES HAMBURGER plain Rice 26 FEB.	Potato Onion Soup SEAFOOD STIR FRY PEPPER BEEF ROASTED POTATOS ROASRED VEG. PLAIN RICE 27 FEB.	LENTIL SOUP RICE PILAF BUFFALO WINGS BROCOLI HOT DOG 28 FEB.		

Item Name	SAR
BEVERAGES	
Bottled Water	2
Fresh Juice Assorted	8
Almari Juice Assorted 200ml	2
Milk (all Flavor) 180ml	3
Milk (all Flavor) 360ml	4
Milkshake 360ml	5
BREAKFAST	
Falafel/Bagel/Eggs/Foul/Biscuit	8
Pancakes/Waffles/FT	6
Granola and fruit	12
Oatmeal	8
YogurtAnd Granola	12
Smoked Turkey	9
Beef Bacon	10
Sliced Chicken	8
GRAB & GO	
Ciabatta Sandwich (Normal/Brown)	12
Triangle Sandwich	10
Wraps Sandwich	12
Croissant Sandwich	12
Fruit Salad	11
Garden Salad	8
Chefs Salad	13
Potato/Pasta Salad	9
Cesar Salad	10
Salmon Salad	13
Yogurt Parfait	8
Yogurt Drinks	5
Fruit-Whole	4
Muffin	7
Plain/Cheese Croissant	5
Pastries Assorted	5
LUNCH	
Soup	6
Starch Kids Portion	3
Starch Regular Portion	5
Veggies	5
Chicken Kids Posrtion	6
Chicken Large Portion	12
Meat Kids Portion	9
Meat Regular Portion	18
Seafood Kids Portion	10
Seafood Regular Portion	20
Hamburger	20
Hotdog	14
Frech Fries (130g)	6
Bread	2