



### AISJ Cafeteria - Modern Foods Catering Menu

December

	Sunday	Monday	Tuesday	Wednesday	Thursday
Breakfast	Veggie Scramble Pancakes Omelete Smoked Turkey	Bagel & CC Cheesy Scramble Waffles Omelete Beef Bacon	Hot Sandwich French Toast (FT) Omelete Sliced Chicken	Cheesy Scramble Pancakes Omelete Smoked Turkey	Biscuits & Gravy Omelete Waffles Oatmeal Beef Bacon
Week 1 - Lunch	Lentil Soup plain Rice Sea Food Stir Fry Teriyaki Fry Roasted Veg.	Chicken Noodle chicken Pasta Tomato sauce Mashed Potato Corn Hot Dog	Veggie Rice Soup beef Lasagne Mixed Veg. Fried Chicken Hamburger Fried Rice	Tomato Soup White Rice Teriyaki Chicken Roasted Veg Hot Dog	Cream of Pea French Fries Broccoli Lemon pepper fish Hamburger
Week 2 - Lunch	Potato Onion Soup plain Rice Butter Chicken Broccoli Sea Food Stir Fry Hot Dog	Veg Rice Soup Mashed Potato Fish & Chips Awsal Chicken Mixed Veg Hamburger	Chicken Rice Soup Fried Rice Awsal Chicken Corn Pepper Beef	Beef Stew Soup Roasted Potato Roasted Veg Teriyaki Beef Hot Dog Fried Chicken	Tomato Soup French Fries Broccoli BBQ Chicken Hamburger
Week 3 - Lunch	Winter Break				
Week 4 - Lunch					
Week 5 - Lunch					

Item Name	SAR
<b>BEVERAGES</b>	
Bottled Water	2
Fresh Juice Assorted	8
Almari Juice Assorted 200ml	2
Milk (all Flavor) 180ml	3
Milk (all Flavor) 360ml	4
Milkshake 360ml	5
<b>BREAKFAST</b>	
Falafel/Bagel/Eggs/Foul/Biscuit	8
Pancakes/Waffles/FT	6
Granola and fruit	12
Oatmeal	8
YogurtAnd Granola	12
Smoked Turkey	9
Beef Bacon	10
Sliced Chicken	8
<b>GRAB &amp; GO</b>	
Ciabatta Sandwich (Normal/Brown)	12
Triangle Sandwich	10
Wraps Sandwich	12
Croissant Sandwich	12
Fruit Salad	11
Garden Salad	8
Chefs Salad	13
Potato/Pasta Salad	9
Cesar Salad	10
Salmon Salad	13
Yogurt Parfait	8
Yogurt Drinks	5
Fruit-Whole	4
Muffin	7
Plain/Cheese Croissant	5
Pastries Assorted	5
<b>LUNCH</b>	
Soup	6
Starch Kids Portion	3
Starch Regular Portion	5
Veggies	5
Chicken Kids Posrtion	6
Chicken Large Portion	12
Meat Kids Portion	9
Meat Regular Portion	18
Seafood Kids Portion	10
Seafood Regular Portion	20
Hamburger	20
Hotdog	14
Frech Fries (130g)	6
Bread	2